

AGM summary coaching report 2023

Friday, 1 September 2023

Adults

- Taster sessions Spring 2023 were well attended. We had two:
 - 8 attended the first one,
 - 6 attended the second one.
- Beginners we had three participants on average.
- Intermediate sessions with Dagmar and Adam and a regular group of five on average.
- Instructors: Adam, Mary, Christopher and Dagmar, and now Gerard.
- We had to cancel one session due to lack of instructors, but only one person turned up and he had signed up to tuition by mistake.

Children

- We have on average 6-7 children at every session.
- I am trying to encourage all the children to take part in the fun races.
- The children enjoy their company and it is now as much a social event as a sports event.

More instructors are needed to give greater certainty, and to give existing coaches a break if they want or need it.

Anders